

CURRICULUM VITAE

KRISTEN MCELVEEN, ND

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PROFILE

Dr. McElveen is a dedicated Naturopathic physician specializing in family medicine with a focus on nutrition. She is currently a second year residency with National College of Natural Medicine, serving both teaching and private shifts at NCNM's community clinics and primary clinic, *Natural Health Center*.

EDUCATION

SECOND YEAR RESIDENCY 2008 – Present

National College of Natural Medicine Portland, OR

- Seeing an average of 40 patients per week of diverse populations on both teaching and private shifts
- Assisting attending physicians on teaching shifts as well as teaching clinical shifts without supervision
- Coordinating Grand Rounds in the NCNM curriculum

FIRST YEAR RESIDENCY 2007 – 2008

National College of Natural Medicine Portland, OR

- Seeing an average of 50 patients per week of diverse populations on both teaching and private shifts
- Assisting with practical laboratory classes such as Clinical Physical Diagnosis and Gynecology
- Volunteering for special projects such as Proficiency Exam scheduling, CNME projects, etc

DOCTOR OF NATUROPATHIC MEDICINE 2002 – 2007

National College of Natural Medicine Portland, OR

- Experience with diverse patient populations with high incidences of Diabetes Mellitus Type 2, obesity, hyperlipidemia and acute infections

BACHELOR OF ARTS DEGREE – BIOLOGY 1998 – 2002

Agnes Scott College Decatur, GA

- Studies focused on botany and environmental science
- Department of Biology laboratory assistant – 1 year
- Minor in Music, focusing on vocal performance and composition

ADDITIONAL MEDICAL EDUCATION

- Sensation Method of Homeopathy 2007
 - Advanced Gynecology – Breast Health & Colposcopy 2007
 - IV Therapeutics – Basic & Advanced Training 2006 – 2007
 - Drug-Herb Interactions 2005
 - Northwest Herbs I, II & III with Shar Andrews-Miller 2002 – 2003
 - Massage – Swedish and deep tissue 2002 – 2003
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CLINICAL & RESEARCH EXPERIENCE

PRECEPTOR EXPERIENCE

- Dr Sheryl Owen, ND *Salem Naturopathic Clinic* over 100 hours
Assisted and observed in minor surgery, prolotherapy, IV & IM therapy and physical medicine, as well as general naturopathic therapies with a suburban patient population

PRECEPTOR EXPERIENCE (continued)

- Dr Judy Peabody, ND *Beaverton Naturopathic Medicine* over 40 hours
Assisted and observed in Bowen technique, EAV food allergy testing and general naturopathic therapies with both suburban and rural patient populations
- Dr Michael Owen, ND *First In Health* over 40 hours
Assisted in Department of Transportation screening physicals for Class A drivers in order to renew/receive their licenses; other treatment includes acute care, urinalysis, drug testing and occasional physical medicine
- Dr Kathleen Flewelling, ND *A Natural Path: Integrated Health Services* over 50 hours
Observation of physical medicine, massage, bioidentical hormone prescription and general naturopathic therapies with a primary population of Medicare and low-income patients

RESEARCH ASSISTANT

- Helfgott Research Institute 2003 – 2004
Performed general office assistant duties and organized budget, purchased supplies and equipment for initial set-up of the on-campus research laboratory
 - Dr Dipalii Barrett 2002 – 2003
Assisted in research on hydrotherapeutic techniques and history
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PUBLICATIONS, PUBLIC SPEAKING & INTERNET

- *Nature's Ways* – Tualatin Valley Community TV – hour-long program where a colleague and I spoke about cancer – what it is, how and when to do screening tests/exams, and how to reduce risk through diet and environmental exposure – public phone calls were answered during the live taping April 1, 2008
 - Bare Medicine – educational website on my private practice and holistic health 2007 – Present
<http://www.baremedicine.com>
 - Bare Medicine Blog – a forum for discussion, research and tips on whole health 2007 – Present
<http://www.baremedicine.com/blog>
 - *The Naturopathic Treatment of Menopause*, Thesis; National College of Natural Medicine 2007
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CERTIFICATIONS

- Clinical Applications of Parenteral Products Certification 2007
 - BLS certification – adult/child/infant CPR, AED use and general lifesaving skills 2002 – Present
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PROFESSIONAL AFFILIATIONS

- *Member*, American Association of Naturopathic Physicians 2002 – Present
 - *Member*, Oregon Association of Naturopathic Physicians 2007 – Present
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SPECIALTIES & INTERESTS IN PRACTICE

- Minor surgery – radiosurgery, lift & snip and biopsy
- Nutrition, Food Allergies & Weight Loss
- IV Therapy & Injections – vitamin injections, neural therapy and trigger point therapy
- Naturopathic Manipulation & Bodywork
- Botanicals

SPECIALTIES & INTERESTS IN PRACTICE (CONTINUED)

- Homeopathy
 - Women's Health
 - Community Outreach – free clinics, lectures in local groceries and co-ops, interactive websites & monthly newsletters (or e-newsletters) to patients and local community
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